SIGIL MAGICK:

HOW TO CREATE SYMBOLS OF MAGICKAL DESIRE

Instructions and guidance written by Winter Beaumont

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DISCLAIMER: You use magick at your own risk, it is not a toy. But neither is your hair dryer. If you use your hair dryer in the bath you're going to have a bad time. If you don't use caution when casting a spell you're going to have a bad time. Don't be afraid of hair dryers. Don't be afraid of magick. Follow these instructions. Follow the instructions on your hair dryer.

Step 1: Write your statement of intention. A sentence that describes what you desire

Some Rules and Guidance to follow:

Magick can't achieve the impossible.

This might sound contradictory (things happen "as if by magic" right?), but in reality, you can only achieve through magick what you yourself know is physically possible. You can't make yourself fly or shoot fireballs out of your hands (at least not in any normal circumstances). You also can't win a competition that you haven't entered or get a job that you haven't applied for. Think about what is possible. You can overcome a challenge, find a missing item, reconnect with an old friend, make it snow on your birthday, see seven different orange cats in the same day, or anything you can imagine could reasonably happen. When you cast a spell you are increasing the probability of your desired outcome, so unlikely things may become very likely, but impossible things will continue to be impossible.

Be clear and specific!

Keep it simple. Keep it precise. Magick can have undesired and unpredictable effects if you are too vague or are unsure.

The intention "I am getting a surprise on my birthday" might bring you an amazing present, or it might bring you an infection. Magick isn't out to get you, but just bear in mind that you need to be clear and specific about what your desire is. Follow the instructions on your hair dryer.

Write your intention in the Present Tense, avoid the words "I want":

"I am strong" not "I will be strong" or "I want to be strong"

Statements in the future tense tend to bring about realities in which your desire hasn't happened yet. When you write your intention you are describing the future reality in which you want to live. "I am strong" will bring you into a reality in which you are strong, on the other hand "I want to be strong" will bring you into a reality in which you want to be strong but haven't achieved it yet. You don't want to want. You want to have. You are strong. You have the thing. You are doing the thing. You are experiencing the thing. The thing is happening.

Make your intention positive:

"I am basking in glorious sunshine" not "It isn't pissing it down"

When someone says "don't think of a blue dog", you immediately think of a blue dog. Similarly, when you ask the universe "please, please, please don't make it rain today" you are thinking about rain, your subconscious is thinking about rain, the universe is thinking about rain, everyone involved is thinking about rain — it's going to fucking rain. Magick understands the language of symbols. Try and think about what images you are projecting. Rain brings rain. Sun brings sun. Love brings love.

A good way of using positive language to further ensure you get the results you want, is to write a statement that includes a positive feeling

"I love my new job" will give better results than "I have a new job"

Keep it Secret:

Keep your intention secret, don't tell people why you are making a sigil or what it represents until it has done its job. Best not to tell people you are doing magick at all if you can help it. Those that you do tell will be imagining their own outcomes of your spell, their doubts, their scepticism, and their own desires will enter the reality of your spell, and this will decrease its chances of working dramatically. Secrets are magical. Keep them.

Be careful what you wish for

There is no way to "undo" a sigil. Once it is out in the world and has done its job, you can't reverse its effects. Be mindful of what you are asking for. Don't use your hair dryer in the bath.

Step 2: Creating your sigil

The aim is to use your statement of intention to create an abstract symbol. Your original statement of intention and the words and letters that it was made from should be invisible. It should look like nothing but itself. It should look meaningless to anyone but yourself.

First: Write your intention in capital letters. Cross out the vowels. Cross out any duplicate consonants. You will have a handful of letters left.

Y AM ENJOYING A FANTASTIC ADVENTURE

MNJYGFTSCDVR

Second: Combine the remaining letters into a single sign. In any order you like and in any way you like, start drawing the letters together, on top of each other, connected to each other, crossing each other etc. get creative with it. There is no right or wrong way to do



this. Morph them and distort them however you see fit. By this time you should starting to think less about the meaning of the letters and more about how they look.

Third: Draw this sign again, and again, simplifying each time, making it look nicer each time, until you have something you are happy with. Something bold and unique and mysterious. Add embellishments if you like. Make it look magickal!



Fourth: Draw it one more time on a small piece of paper (you can use special paper and special ink if you like).

This is your sigil!

Isn't it beautiful? It is a distilled and perfected symbol of your desire. But this desire is still a conscious one. The magick happens when we turn this conscious desire into an unconscious desire.

Step 3: Charging your sigil

In order to allow your sigil to enter your subconscious, you need to look at it directly during a moment of conscious absence; a brief time of absent mindedness when your conscious thoughts are on pause and your subconscious reflexes are allowed to take control. Such as:

During a rush of adrenaline
Whilst meditating
During sexual climax
During a moment of fear
A moment of awe
Whilst feeling intense happiness or pleasure

This list is not exhaustive, and there are many many ways to charge a sigil. If none of the above suit you, there are plenty of resources online that can help you.

Step 4: Destroying the sigil

You now need to destroy the sigil so that the intention that you put into it is released and the magick can get to work.

Set fire to it safely and watch the flames (or you can dissolve it, eat it, draw it in the sand on a beach and let the tide wash it away, or any other creative way you can think of destroying it)

Take a moment to recognise that the sigil is no longer on the piece of paper, but inside you and out in the world doing its magick.

Step 5: Forget about it!

Think about something else. Get on with your life. This is the hardest part. You need to give it as little attention as possible. Don't bother it whilst it's doing its job.

It will be out in the world, giving things a little nudge in the right direction here and there, turning the tides of fate in your favour in little ways. It will be sitting in your subconscious mind, swaying your decisions a little, altering your mindset a bit here and there. All to make your desire a reality.

If you find yourself thinking about it or wondering if it is working, turn it into a positive affirmation using gratitude. Say something like this to yourself:

"I'm so glad that little sigil is out in the world helping me, I'm sure its doing a fantastic job"

Step 6: Show gratitude

This is very important. Be grateful for the work that your sigil is doing at every stage and thank it when the job is done.

Enjoy x x x x

TO THE MIND THAT IS STILL, THE WHOLE UNIVERSE SURRENDERS

POST HOC ERGO PROPTER HOC

